



## PSHE – Key Knowledge Progression

	<b>Self-regulation: My feelings</b>	<b>Building Relationships: Special Relationships</b>	<b>Managing self: Taking on challenges</b>	<b>Managing self: My Wellbeing</b>	<b>Self regulation: Listening &amp; Following Instructions</b>	<b>Building Relationships: My family and friends</b>
<b>EYFS</b>	<b>Nursery</b> I can talk about my feelings (sad, happy, angry).  I can sometimes understand how others feel.  I am starting to develop ways of being assertive.  <b>Reception</b>  I can talk about people that are special to me.  I can tell and show you different feelings and emotions and explore how to help me manage my emotions.  I can show an understanding of the feelings of others.	<b>Nursery</b> I can name some members of my family.  I know that I am part of my family.  I know that I am a member of my class/keyworker group/school.  <b>Reception</b>  I can talk about my family.  I can talk about people who are special to me.  I can think about what it means to be a valued person.  I can play and share with others.  I can understand that it is ok to like different things.  I can build relationships in school with my peers and members of staff.	<b>Nursery</b> I can choose resources, sometimes with help from a member of staff.  I can achieve a goal that I have chosen, sometimes with help from a member of staff.  I am starting to show more confidence in new situations.  <b>Reception</b>  I understand why we have rules.  I understand the importance of persistence in the face of challenge and developing my confidence in solving my own problems.  I can work with others showing co-operation.  I can show confidence when trying new activities, showing independence and resilience.  I can work towards a simple goal and wait for what I want.	<b>Nursery</b> I can manage some of my own needs e.g., using the toilet, washing my hands.  I can start to make healthy choices about food, drink, activities.  I can brush my teeth at home.  <b>Reception</b>  I know about exercise and why it is important.  I can manage my own basic hygiene and personal needs – dressing, going to the toilet, importance of healthy foods/drinks, toothbrushing, sleep routines and sensible amounts of screen time.  I know how to be safe when crossing the road.	<b>Nursery</b> I can start to follow simple rules in Nursery.  I know some important rules to follow at nursery.  <b>Reception</b>  I know that I need to tell the truth and can talk about the feelings of others.  I can follow instructions or actions.  I can persevere when things get difficult.	<b>Nursery</b> I can start to play and talk to my friends and teachers in my class and start to talk to new people.  I can play with one friend.  I can start to play with a small group.  <b>Reception</b>  I can start to solve problems/conflicts with my friend/s.  <b>Reception</b> I can talk about other people in my class and can talk about how different people celebrate different special times.  I understand why sharing is important.  I can tell you about what makes a good friend.  I can show kindness to others.  I can celebrate the special friendships in my class by joining in with a party.
	<b>Key Vocabulary:</b> N- sad, happy, angry R- feelings, others	<b>Key Vocabulary:</b> N- family member names, school R- special people, share, friends	<b>Key Vocabulary:</b> N- choose, play R- rules, teamwork, persevere, challenge	<b>Key Vocabulary:</b> N- wash hands, zip up my coat, get dressed. Healthy food R- exercise, relax, safe, being healthy	<b>Key Vocabulary:</b> N- listen R – follow instructions/rules, persevere, teamwork	<b>Key Vocabulary:</b> N – friends, play R – family, celebrate, kindness, friends

	<b>Family and Relationships</b>	<b>Health and Wellbeing</b>	<b>Safety and the Changing Body</b>	<b>Citizenship</b>	<b>Economic Wellbeing</b>
<b>Year 1</b>	<p>I can understand that families look after us, that some information about me and my family is personal and can explain how families are different.</p> <p>I can talk about some characteristics of a positive friendship and how friendship problems can be overcome.</p> <p>I can tell you that it is called stereotyping when people think of things as being 'for boys' or 'for girls only'.</p> <p>I can recognise how others show their feelings and can identify ways we can care for others when they are sad.</p> <p>I can successfully work with different people around me.</p>	<p>I can talk about germs and how they are spread and show how to wash my hands properly.</p> <p>I can talk about how to stay safe in the sun.</p> <p>I know that certain foods and other things can cause allergic reactions in some people.</p> <p>I can talk about how sleep helps my body to repair itself, to grow and restores my energy.</p> <p>I can talk about my personal strengths and qualities.</p> <p>I can describe some positive and negative emotions and recognise different ways to manage my feelings.</p> <p>I can know different methods of relaxation.</p> <p>I can talk about different health-related jobs and the people who can look after my health.</p>	<p>I know that some types of physical contact are never appropriate.</p> <p>I know what to do if I get lost.</p> <p>I know that a hazard is something which could cause an accident or injury.</p> <p>I can talk about some things that are unsafe to put onto or into my body and I know I need to talk to an adult if I am not sure.</p> <p>I know that an emergency is a situation where someone is badly hurt, very ill or a serious accident has happened and I know how to make an emergency phone call.</p> <p>I can talk about the emergency services and know that they are the police, fire service and the ambulance service.</p> <p>I can talk about people's roles within the local community that help keep me safe.</p>	<p>I can talk about the rules in school and I know why rules are necessary.</p> <p>I know that different pets have different needs and can talk about how to meet their needs.</p> <p>I understand the needs of younger children and that these change over time.</p> <p>I can talk about the differences between people and I can recognise the groups that I belong to.</p> <p>I know that voting is a fair way to make a decision and take part in votes in school.</p>	<p>I know that coins and notes have different values and can talk about some of the ways I can receive money.</p> <p>I know that it is wrong to steal money and I can talk about what to do if I find money.</p> <p>I can talk about how to keep money safe and I know that banks are places where we can store our money.</p> <p>I can discuss choices that people make about money.</p> <p>I can talk about some jobs in school and I know that different jobs need different skills.</p>
	<p><b>Key Vocabulary:</b> behaviour, care, emotions, family, sister, brother, auntie, uncle, cousin, feelings, friend, friendly, problem, stereotype</p>	<p><b>Key Vocabulary:</b> allergy, emotions, feelings, germs, ill, qualities, strengths, relax, positive, negative</p>	<p><b>Key Vocabulary:</b> accident, drug, emergency, hazards, medicine, physical contact, polite, respect, role, trust</p>	<p><b>Key Vocabulary:</b> care, different, democracy, fair, pet responsibility, rule, similar, unique, vote</p>	<p><b>Key Vocabulary:</b> bank, bank account, cash, choice, coins, earn, interest, job, money, notes, pocket money, purse, safe, save, skill, spend, value, wallet</p>
<b>Year 2</b>	<p>I know that families can be made up of different people and can talk about how they may be different from my family.</p> <p>I can talk about ways to show respect for different families and I</p>	<p>I can talk about the importance of exercise to stay healthy and I know that food and drinks with lots of sugar are bad for my teeth.</p> <p>I understand the importance of exercise to stay healthy and can</p>	<p>I can talk about the concept of privacy.</p> <p>I can talk about ways to stay safe online and I know that I should tell an adult if I see something that makes me uncomfortable online.</p>	<p>I can talk about why rules are in place and I know that some rules are made to be followed by everyone and are known as laws and I can name some of the different places where rules apply.</p>	<p>I know some of the ways in which adults get money.</p> <p>I can talk about the difference between a 'want' and 'need'.</p> <p>I can talk about what a bank account is and what it means.</p>

	<p>know that families offer love, care and support.</p> <p>I can talk about some problems which might happen in friendships and that some of these might be more serious and need talking about.</p> <p>I understand some ways people show their feelings and how to respond to them.</p> <p>I can understand and can show good manners in different situations.</p> <p>I know and can discuss some stereotypes related to jobs.</p> <p>I know that there are ways we can remember people or events.</p> <p>I can talk about how loss and change can affect myself and others.</p>	<p>talk about the balanced diet I need to stay healthy.</p> <p>I can talk about how to improve an unbalanced meal.</p> <p>I know that breathing techniques can be a useful strategy to relax my body and mind.</p> <p>I know that we can feel more than one emotion at a time and can talk about the different ways I can manage my different emotions.</p> <p>I know that a growth mindset means being positive about challenges and finding ways to overcome them.</p> <p>I can identify and share personal goals and know how to work towards them.</p> <p>I can explore how to persevere at a task and develop a growth mindset.</p> <p>I can talk about empathy and self-respect and how I can show this to others.</p>	<p>I know the difference between secrets and surprises.</p> <p>I know the rules for crossing the road safely and how to behave safely near the road.</p> <p>I know that medicine can help us when we are ill and that we should only take medicines when a trusted adult says we can.</p> <p>I know how to be safe around medicines.</p> <p>I can discuss what people can do to feel better when they are ill.</p> <p>I know the names of parts of my body, including private parts.</p>	<p>I can discuss some of the jobs people do to look after the environment in school and the local community.</p> <p>I can recognise the importance of looking after the school environment and discuss ways to help look after our school environment.</p> <p>I can talk about the positive and negatives of my school environment and how to discuss issues of concern to me to others.</p> <p>I can talk about people and the contribution they make to my local community.</p> <p>I know how democracy works in my school through the school council and I understand that everyone has similarities and differences.</p>	<p>I know that people make choices about how to spend money.</p> <p>I can talk about the reasons why people choose certain jobs.</p>
	<p><b>Key Vocabulary:</b> friendship, love, manners, feelings, emotions, family, stereotype, respect, loss, change, support</p>	<p><b>Key Vocabulary:</b> diet, exercise, goal, growth mindset, healthy, physical activity, relaxation, skill, strengths, challenge, personal goals, persevere, empathy, self-respect</p>	<p><b>Key Vocabulary:</b> medicine, pedestrian, private, secret, surprise, penis, testicles/testes, vulva, vagina, online</p>	<p><b>Key Vocabulary:</b> election, environment, identity, job, opinion, rule, school council, volunteer, vote, environment, local community, contribution, similarities, differences</p>	<p><b>Key Vocabulary:</b> Coins, need, notes, priority, want</p>
	<b>Family and Relationships</b>	<b>Health and Wellbeing</b>	<b>Safety and the Changing Body</b>	<b>Citizenship</b>	<b>Economic Wellbeing</b>
<b>Year 3</b>	I know that problems can occur in families and that there is help available if needed	<p>I can talk about the ways to prevent tooth decay.</p> <p>I can join in with relaxation techniques in class and discuss</p>	I know what cyberbullying is and how I can respond to it online.	I know about the UN Convention on the rights of a child and I can talk about some of my own rights and how they help other children.	I understand that there are different ways to pay for things and can talk about the range of feelings which money can cause.

	<p>I know that bullying can be physical or verbal and that is repeated and not a one-off event.</p> <p>I can talk about ways to resolve friendship problems</p> <p>I know that violence is never the right way to solve a friendship problem</p> <p>I can talk about the impact of bullying and what to do if bullying occurs</p> <p>I can talk about who I can trust and I understand is an important part of relationships</p> <p>I understand the effects of non-verbal communication and the signs of a good listener</p> <p>I understand the similarities and differences between people</p> <p>I understand some stereotypes and can talk about the negative impact of stereotyping</p>	<p>some of the benefits of exercise on my body and mind.</p> <p>I understand the different food groups and how much of each of them I should have to have a balanced diet.</p> <p>I can discuss the importance of belonging.</p> <p>I know what being lonely means.</p> <p>I can overcome problems or barriers in my life.</p>	<p>I know how to be a responsible digital citizen and how to recognise unsafe digital content.</p> <p>I can talk about how to identify a fake email.</p> <p>I know and can show the rules for being safe near roads. I can talk about unsafe things people might do near roads.</p>	<p>I can talk about the responsibilities that adults and children have to maintain children's rights.</p> <p>I know that recycling is good for the environment and can talk about ways we can make a difference to recycling rates at home/school.</p> <p>I know that the local council is responsible for looking after the local area and can join in with local community groups and how these support the local community.</p> <p>I know that elections are held where adults can vote for local councillors.</p> <p>I can discuss the consequences of breaking rules.</p> <p>I can talk about the role of some charities in the local community.</p>	<p>I know that there are different attitudes that people have to money and how our spending can have an impact on other people.</p> <p>I can talk about how budgeting money is important.</p> <p>I know that there are a range of jobs available and that some stereotypes can exist around jobs but these should not affect people's choices.</p> <p>I can discuss the advantages and disadvantages of different payment methods.</p>
	<p><b>Key Vocabulary:</b> bullying, communicate, empathy, open questions, similar, solve, stereotype, sympathy, trust</p>	<p><b>Key Vocabulary:</b> Alone, balance, barriers, belonging, identity, lonely resilience</p>	<p><b>Key Vocabulary:</b> Allergic anaphylaxis bullying, casualty, choice, cyberbullying, decision, distraction, fake, influence, injuries</p>	<p><b>Key Vocabulary:</b> Charity, community, consequence, council, councillor, law, recycling, rights, United Nations (UN)</p>	<p><b>Key Vocabulary:</b> Budget, expense, feeling, qualification, stereotype</p>
	<b>Family and Relationships</b>	<b>Health and Wellbeing</b>	<b>Safety and the Changing Body</b>	<b>Citizenship</b>	<b>Economic Wellbeing</b>
<b>Year 4</b>	<p>I know that families are different in the UK and across the world and show respect when talking about different families.</p> <p>I can talk about the physical and emotional boundaries in friendships and how my actions and behaviour can affect other people.</p>	<p>I know how to look after my dental health independently.</p> <p>I know that visualisation means creating an image in my head and I can talk about what makes me feel calm and relaxed and can take part in relaxation techniques.</p> <p>I know that different job roles need different skills and some roles may suit me more than others.</p>	<p>I understand that there are risks to sharing things online and I know how to seek help if I need to.</p> <p>I understand the difference between private and public and I can talk about the benefits and risks of sharing information online.</p>	<p>I understand that human rights are specific rights that apply to all people and I can talk about how I can help to protect human rights.</p> <p>I can talk about some of the people who protect our human rights such as the police, judges and politicians.</p>	<p>I know that money can be lost in a variety of ways and I can talk about some impacts of losing money.</p> <p>I understand the importance of tracking my money and I can discuss whether something is value for money.</p>

	<p>I know about the different roles related to bullying including the victim, bully and bystander.</p> <p>I know that everyone has the right to decide what happens to their body.</p> <p>I know about courtesy and manners in different scenarios.</p> <p>I can discuss some stereotypes related to disability.</p> <p>I can talk about bereavement and what it means and how to help someone who has experienced a bereavement.</p>	<p>I can explore how my skills can be used to undertake certain jobs.</p> <p>I know that it is normal to experience a range of emotions and can explore ways I can make myself happy or happier.</p> <p>I understand that mental health refers to my emotional wellbeing rather than physical.</p> <p>I can develop the ability to appreciate the emotions of others in different situations and I can take responsibility for emotions by knowing that I can control some things but not others.</p> <p>I understand that mistakes can help me to learn and I am developing a growth mindset.</p> <p>I know who can help if I am worried about my own or other people's mental health.</p>	<p>I know what to do if an adult makes me feel uncomfortable.</p> <p>I understand the risks associated with smoking tobacco and can talk about the benefits of being a non-smoker.</p> <p>I can talk about the physical and emotional changes during puberty.</p> <p>I understand the physical changes to both male and female bodies as people grow from children to adults.</p> <p>I know that asthma is a condition that causes the airways to narrow and I know how to help someone who is having an asthma attack.</p>	<p>I know that reusing items is good for the environment and I know some ways items can be reused.</p> <p>I know the benefits different groups bring to the local community and I know that councillors look after local residents and the needs of the council.</p> <p>I know that there are a number of groups that make up the local community.</p> <p>I can talk about the positives diversity brings to my local community.</p>	<p>I know that many people will have more than one job or career in their lifetimes.</p> <p>I can talk about ways to overcome stereotypes in the workplace.</p> <p>I can discuss negative and positive influences that can affect my career choices.</p>
	<p><b>Key Vocabulary:</b> act of kindness, authority, bereavement, boundaries, bystander, permission</p>	<p><b>Key Vocabulary:</b> Fluoride, healthy, mental health, negative emotions, positive emotions, relaxation, resilience, skill, visualise</p>	<p><b>Key Vocabulary:</b> Age restriction, asthma, breasts, genitals, law, penis, private, protect, puberty, pubic, testicles/testes, tobacco</p>	<p><b>Key Vocabulary:</b> Authority, cabinet, community, council, council officer, diversity, environment, human rights, local government, protect, reuse, United Nations/UN, volunteer</p>	<p><b>Key Vocabulary:</b> Bank balance, bank statement, career, debit card</p>
<b>Year 5</b>	<p><b>Family and Relationships</b></p> <p>I know that marriage is a legal commitment and a choice that people can make.</p> <p>I can talk about ways families might make children feel unhappy or unsafe and I know that I can call childline on 0800 1111 if I have a problem.</p> <p>I understand what might lead to someone bullying others and I can talk about the impact bullying might have.</p> <p>I know what action a bystander can take when they see bullying.</p>	<p><b>Health and Wellbeing</b></p> <p>I know the risks of sun exposure and know how to protect myself in the sun.</p> <p>I know that relaxation stretches can help me to relax and de-stress and I can talk about the relationship between stress and relaxation.</p> <p>I understand that calories are the unit that we use to measure the amount of energy certain foods</p>	<p><b>Safety and the Changing Body</b></p> <p>I know the steps to take before sending a message online and know how to ensure relationships online are safe.</p> <p>I understand some of the possible risks online.</p> <p>I can make 'for' and 'against' arguments to help with decision making and I know some strategies I can use to overcome pressure from others and make my own decisions.</p>	<p><b>Citizenship</b></p> <p>I can talk about what happens when someone breaks the law.</p> <p>I can talk about why reducing the use of materials is positive for the environment and understand the waste hierarchy.</p> <p>I know about the right to a freedom of expression and can talk about how rights and responsibilities link.</p>	<p><b>Economic Wellbeing</b></p> <p>I can talk about the risks associated with money and know that it is important to prioritise spending.</p> <p>I know that when money is borrowed it needs to be paid back, usually with interest.</p> <p>I can talk about making a budget based on priorities and know some of the ways that people can lose money.</p>

	<p>I know that attributes and skills that make a good friend and I can discuss issues that might arise in friendships and how these might impact me.</p> <p>I know that positive attributes are the good qualities someone has.</p> <p>I can explore positive attributes and can be proud of these such as self-respect.</p> <p>I can talk about the assumptions people might make based on how they look and that stereotypes can be unfair, negative and destructive.</p> <p>I know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex or disability.</p>	<p>give us and I can talk about what makes healthy meals.</p> <p>I know how to achieve good quality sleep and what I do before bedtime can affect my sleep quality.</p> <p>I can talk about what can cause stress.</p> <p>I understand that failure is an important part of success.</p> <p>I know how to take responsibility for my own feelings.</p>	<p>I know about the emotional changes during puberty and know how to find help with my changes in puberty.</p> <p>I understand the process of the menstrual cycle.</p> <p>I can names of the external sexual parts of the body and the internal reproductive organs.</p> <p>I know that puberty happens at different ages for different people.</p> <p>I know how to help someone who is bleeding and how to assess a casualty's condition.</p>	<p>I know that parliament is made up of the House of Commons, the House of Lords and the Monarch.</p> <p>I understand that parliament is where MPs debate issues, propose laws, amend existing laws and challenge the government's work.</p> <p>I can talk about how parliament and the Government work.</p> <p>I know the contribution people make to the local community, how this is recognised and ways people can bring about change in society.</p> <p>I understand that a pressure group is a group of people who feel very strongly about an issue and want to see something change.</p>	<p>I understand that income is the amount of money received and expenditure is the amount of money spent.</p> <p>I know that income can change and the feelings associated with this.</p> <p>I can talk about the role of money in selecting a job.</p>
	<p><b>Key Vocabulary:</b> Attributes, bullying, bystander, cyberbullying, marriage, secret, wedding</p>	<p><b>Key Vocabulary:</b> Goal, fail, protect, relaxation, responsibility, steps</p>	<p><b>Key Vocabulary:</b> Attraction, bladder, breasts, cervix, clitoris, decision, egg, ejaculation, erection, fallopian tube, labia, influence, menstruation/period, nipples, ovary/ovaries, private, puberty, pubic hair, scrotum, testicles/testes, vagina, vulva</p>	<p><b>Key Vocabulary:</b> Defendant, environment, freedom of expression, government, House of Commons, human rights, judge, jury, Member of Parliament (MP), parliament, pressure group, Prime Minister, trial</p>	<p><b>Key Vocabulary:</b> Discrimination, expenditure, giving back, income, interest, repayment</p>
	<b>Family and Relationships</b>	<b>Health and Wellbeing</b>	<b>Safety and the Changing Body</b>	<b>Citizenship</b>	<b>Economic Wellbeing</b>
<b>Year 6</b>	<p>I understand that conflict is a disagreement or argument and can occur in friendships.</p> <p>I understand the concepts of negotiation and compromise can talk about ways to resolve conflict.</p> <p>I know what respect is and how and why it is an important part of relationships.</p> <p>I understand that everyone deserves respect but respect can be lost.</p>	<p>I can talk about ways to prevent illness and understand that vaccinations can give us protection against disease.</p> <p>I understand that changes in the body could be possible signs of illness and know some actions to take if I am worried about my health or my friends' health.</p> <p>I know that a number of factors contribute to my physical health, such as diet, exercise, rest and relaxation and dental health.</p>	<p>I understand that online relationships should be treated in the same way as face to face relationships.</p> <p>I can discuss the reliability of online information.</p> <p>I know where to get help with online problems.</p> <p>I understand the risks associated with drinking alcohol and can discuss reasons why adults may or may not drink alcohol.</p>	<p>I know that education is an important human right and how other human rights protect us.</p> <p>I understand that my food choices can affect the environment and can talk about environmental issues relating to food.</p> <p>I can talk about causes that are important to me.</p> <p>I know that the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education.</p>	<p>I know that there are certain rules to follow to keep money safe in bank accounts.</p> <p>I can talk about how people deal with money and the role of emotions associated with it.</p> <p>I understand that banks and other organisations such as Citizens Advice can help with money-related problems.</p> <p>I know that gambling is a risk where money, or something else, is swapped in the hope of winning something better or more money</p>

	<p>I can talk about how stereotypes can lead to bullying and discrimination.</p> <p>I know that loss and change can cause a range of emotions.</p> <p>I know that grief is the process people go through when someone close to them dies and how this can be different for everyone.</p>	<p>I can take part in a range of relaxation strategies which could be useful.</p> <p>I know that a habit is a behaviour that we often do without thinking and that we can have good and bad habits.</p> <p>I can discuss ways to maintain good habits and I can explore ways of setting achievable goals for a healthy lifestyle.</p> <p>I know my own personal qualities and how to build on them and I can demonstrate strategies for being resilient in challenging situations.</p> <p>I understand the effects technology can have on my mental health.</p>	<p>I know how a baby is conceived and how it develops.</p> <p>I can talk about problems which might be encountered during puberty and can use my knowledge to help me.</p> <p>I know how to conduct a primary survey.</p> <p>I know how to help someone who is choking and can place an unresponsive person into the recovery position.</p>	<p>I can talk about how people can influence what happens in parliament.</p> <p>I understand that prejudice is making assumptions about someone based on certain information and can discuss ways to challenge prejudice and discrimination.</p> <p>I know that discrimination is treating someone differently because of certain factors.</p> <p>I know appropriate ways to share views and ideas with others.</p>	<p>and I can talk about the risks associated with gambling.</p> <p>I know that certain jobs would be suitable for me and understand that different jobs have different routes into them.</p> <p>I understand that people change jobs for a number of reasons.</p>
	<p><b>Key Vocabulary:</b> Authority, conflict, earn, expectation, grief, grieving, resolve, respect, stereotype</p>	<p><b>Key Vocabulary:</b> Antibodies, growth mindset, habit, qualities, responsibility, skill, vaccination</p>	<p><b>Key Vocabulary:</b> Alcohol, breasts, bladder, cervix, clitoris, conception, cyberbullying, egg, ejaculation, erection, fallopian tube, fertilisation, genitals, internet trolling, labia, menstruation/period, nipples, ovary/ovaries, penis, pregnant, puberty, pubic hair, scrotum, sexual intercourse, sperm, sperm duct, testicles/testes</p>	<p><b>Key Vocabulary:</b> Authority, conflict, earn, expectation, grief, grieving, protected characteristics, resolve, respect, stereotype</p>	<p><b>Key Vocabulary:</b> Gambling, growth mindset, PIN number, qualities, responsibility, skill</p>

Identity Year 6 only
<p>I understand that identity is the ways we see ourselves and also how other people see us.</p> <p>I can discuss the factors that make up our identity.</p> <p>I understand and recognise that people may see us differently from how we see ourselves.</p> <p>I know that images can be manipulated and are not always realistic.</p> <p>I can discuss how the media might influence our identity.</p>

**Key Vocabulary:**

Change, identity, images,  
manipulation, media